

Mon petit dossier personnel sur

L'HOMÉOPATHIE

et représentant donc l'essentiel, voire même la totalité (!)

de ce que j'aurai pu glaner jusqu'ici comme information à ce niveau
mon verdict final n'ayant pas encore été officiellement rendu en ce sens (!)

mais tendant plutôt, au moment où j'écris ces lignes

à discréditer la discipline en question

et à la considérer ainsi essentiellement comme une

PSEUDO-SCIENCE

DOCUMENT DE TRAVAIL

s'avérant notamment et à la base un simple

Recueil de notes prises au cours d'une recherche effectuée sur le web

par Charles Olivier

et ce essentiellement en 2024

Le tout ne s'étant cependant vu (minimalement!) réorganisé puis mis en ligne qu'en

Décembre 2025

1) Indications l'effet que l'homéopathie ne soit qu'une pseudo-science...

Pour ce qui est de l'homéopathie en tant que telle...

[Homeopathy: The Test - programme summary](#)

[BBC Horizon Homeopathy The Test Part 1](#)

[Recettes pour faire votre propre homéopathie à la maison](#)

[Recettes pour faire votre propre homéopathie à la maison - Le Pharmacien](#)

[Le Pharmacien et l'homéopathie](#)

[Experiments past and future: Hirst et al. , the Burridge report, Ovelgönne et al. , the BBC Horizon "scientific experiment" and more ...](#)

[Evidence and efficacy of homeopathy](#)

[Homeopathy \(Wiki doc\)](#)

[Homeopathy \(web article\)](#)

[Homeopathy: The Test - programme summary](#)

Concernant la « mémoire de l'eau » (du moins en tant que théorie, justement!...)

[Mémoire de l'eau](#)

[Skeptical inquirer : The Memory of Water](#)

[Jacques Benveniste](#)

[Water memory](#) (Rational Wiki)

[Water memory](#) (Wiki doc)

2) Indications à l'effet que l'homéopathie pourrait, au contraire, s'avérer bel et bien effective...

[Randomised controlled trial of homoeopathy versus placebo in perennial allergic rhinitis with overview of four trial series](#)[Commentary: Larger trials are needed](#)

['Homeopathy works!'](#)

Solid research have proven the effectiveness of homeopathic medicines in hayfever. Dr. David Taylor-Reilly, a professor and homeopath at the University of Glasgow in Scotland, published an important study in the Lancet (October 18, 1986) which **showed that homeopathically prepared doses of 12 common flowers were very effective in reducing hayfever symptoms when compared with patients given a placebo.**

This same researcher published in the Lancet (12-10-94) another high caliber study on the homeopathic treatment of asthma. **This double-blind, placebo-controlled randomized trial performed conventional allergy testing to determine what substance asthma sufferers were most allergic.** Then, half of the subjects were given a homeopathic preparation of this substance, while the other half were given a placebo. **Those people given the homeopathic medicine experienced a very significant improvement in their symptoms of asthma.**

http://www.homeopathic.com/Articles/Using_homeopathy_for_ailments/Allergies_are_Nothing_to_Sneeze_at_With_Home.html

[allergies](#)

Modifier [0](#) [2](#) ...

[Ullmann Allergies Protocol](#)

(le lien originel ne fonctionnant malheureusement plus...)

Pollergine - A Tested and Proven Allergy Remedy

Petadolex is specially manufactured and patented standardized extract of butterbur root (*Petasites hybridus*). This herbal remedy has an impressive body of scientific research that shows effectiveness for allergies. The famed BRITISH MEDICAL JOURNAL published an important study in 2002 that showed that Petadolex is as effective as Zertec (a popular antihistamine drug made by Pfizer) for seasonal allergies, though Petadolex doesn't have the sedative side effects of OTC antihistamines. That's fabulous! Ninety-five percent of the patients reported that Petadolex was effective in treating

their asthma. Of the patients taking conventional drugs in addition to Petadolex, 43-48% reduced the amount of drugs used while they were taking Petadolex. The effectiveness of this remedy in treating respiratory disorders such as asthma is attributed to the antispasmodic and anti-inflammatory properties.

50 tabs per box

Special Homeopathic Formula for Allergies

This natural medicine, AllerAide, has also undergone rigorous scientific testing and found that 90% of people with seasonal OR year-round allergies experienced good or very good results. It is made by one of America's oldest homeopathic pharmacies.

AllerAide temporarily relieves minor allergic symptoms such as sneezing, itching, runny nose, watery eyes, eczema, wheezing, and shortness of breath caused by allergies.

Ingredients: The formula of this product consists of three little known but wonderfully effective herbs (in homeopathic doses): **Cardiospermum 3X**, **Galphimia Glauca 3X**, **Luffa Operculata 4X** (Note: Homeopathic medicines are initially listed by their Latin names in order for customers to be accurately informed of the specific and precise substance used in the medicine.)

Homeopathic Mini-Kit for Allergies

You will receive 3 single homeopathic medicines along with instructions for how to use them in the most effective way.

- **Allium cepa 30C** (onion) – watery eyes, irritating nasal discharge
- **Galphimia Glauca 6C** (galphimia flower) – hayfever
- **Histaminum 30C** (histamine) – allergies

Conventional drugs for allergies are usually “antihistamines.” These drugs suppress the body's response to the allergy, often creating various side effects in the process, including fatigue and sleepiness. In contrast, homeopaths recommend very small and safer doses of histamine (or substances that cause a histamine reaction). These small doses help the body respond to substances that the person may be allergic in a safer way that creates no known side effects. It should also be noted that four universities (!) have conducted scientific laboratory studies showing that homeopathic doses of Histamine have a powerful beneficial effect on a type of white blood cell that is related to allergy symptoms.

At least seven studies from a German physician/researcher have confirmed the effectiveness of using homeopathic doses of Galphimia (an herb) in the treatment of hayfever. As for Apis (crushed bee), because large or toxic doses of bee venom cause a histamine response, homeopathic doses of it will help to respond effectively to similar histamine reactions.

Allergies (respiratory)

BOTTOM LINE: Allergies are the most researched and most proven ailment that homeopathic medicines have been found to treat effectively. Homeopathy should be the first choice of treatment. Primary care homeopathy can be an effective treatment, though professional homeopathic care should be considered to treat the underlying susceptible state to allergens.

A small and forgotten footnote in medical history involves a homeopathic physician from Scotland,

C.H. Blackley, who in 1871 first identified pollen as the cause of hayfever (Reilly, 1986). Another forgotten fact of history is that one of three founders of the American Academy of Allergy was a San Francisco homeopathic physician, Dr. Grant L. Selfridge (Cohen, 1979). Dr. Selfridge was also the first to conduct a botanical and pollen survey in the West.

Although homeopaths have often been at the forefront of medical research and discovery, it is particularly appropriate and even predictable that they would lead the way in the field of allergy. Because the primary principle of modern allergy treatment derives from the homeopathic principle of "treating like with like," the spirit of homeopathy has lived on, despite the tendency of orthodox physicians to ignore it.

Conventional Treatment of Allergies

Conventional medical treatment for allergies usually consists of antihistamines, steroids, and desensitization shots. In obstinate cases, laser surgery may be utilized to vaporize mucus-forming nasal tissue. **People with allergies know that these treatments don't cure; at best, they provide temporary relief of symptoms**, and at worst (and too frequently), they create side effects that can be worse than the allergy symptoms themselves.

One of the common drugs for allergies is Benadryl, which contains diphenhydramine, a chemical that is known for causing drowsiness as a side effect. The creativity of conventional drug manufacturers, however, is evidenced by their marketing this same drug ingredient as a treatment for insomnia. Ironically, what is called a "side effect" of a drug in one instance is considered its "primary effect" in another.

Perhaps the greatest misunderstanding about allergies is the assumption that the allergen (the cat dander, the pollen, the housedust mite, or whatever) is the problem. Actually, the allergen is simply the trigger, while the allergic person's body is the loaded gun. Rather than just treating symptoms or avoiding the allergen, the best course is to take action to strengthen the body's own immune and defense system. Natural therapies help to empty and clean out the loaded gun or simply make it shoot blanks.

Homeopathy and Allergies

In the near future when homeopathic medicines are more widely accepted by the majority of orthodox physicians, doctors will likely maintain that they have always been supporters of homeopathy and homeopathic principles. They will point to conventional allergy treatment as an example of this.

While it is partially true that conventional medical treatment of allergy uses small doses of a substance to which the person is actually allergic and even though this principle is the basis of homeopathy, homeopaths use considerably smaller doses than conventional allergy shots. Also, homeopaths generally find that using the same substance to which the person is allergic may relieve a person's symptoms, but it will not truly or deeply cure the person's allergic reactions.

Homeopaths instead prescribe a "constitutional medicine," a remedy that is individually chosen based on the constellation of physical and psychological symptoms that the person is experiencing, not just the allergy symptoms. Finding a person's constitutional medicine requires the highly individualized care of professional homeopath.

People can use homeopathic medicines to treat the acute phase of their allergy without having to

become a homeopath. Laypeople can either learn which individual homeopathic medicine is indicated for their unique symptoms (some of which will be described later, along with a list of recommended books for further explanation), or they can take one of the many "homeopathic formula" products for allergy which are commonly available at health food stores and pharmacies.

Although self-treatment with homeopathic formulas and individual medicines will not usually "cure" a person's allergy, they will often provide effective temporary relief and will do so without side effects. Research has proven the effectiveness of homeopathic medicines in hay fever. Dr. David Reilly, a professor and homeopath at the University of Glasgow in Scotland, published what is considered the best study of the homeopathic treatment of hay fever (Reilly, 1986). Published in the *Lancet*, this study showed that homeopathically prepared doses of 12 common flowers were very effective in reducing hay fever symptoms when compared with patients given a placebo. Patients given a placebo had six times more symptoms than those given a homeopathic medicine.

Another study of hay fever compared the effectiveness of a homeopathic medicine (**Galphimia 6c**) with a placebo. What was particularly interesting about this study is that the researchers also compared these two preparations with a dose of **Galphimia** that was diluted 1:10 six times without the common procedure of vigorously shaking the solution upon each dilution. This study showed that only the correctly manufactured homeopathic medicine that was both diluted 1:10 and shaken was found to be effective (Wiesenauer, 1996). This study was not long enough to compare the side effects from these two treatments, but one can easily assume that the homeopathic medicine will be a lot safer than the conventional drug.

This team of researchers actually conducted seven studies with this medicine, and they have consistently found it to be effective (Wiesenauer, 1985). Still further, this team tested a homeopathic combination medicine, which consisted of **Galphimia**, **Luffa operculata**, **Histamine**, and **Sulphur** and compared it with Cromolyn sodium spray, which is one of the most popular over-the-counter conventional medicines. This randomized, double-blind study of 146 patients with hayfever for 42 days, four times a day per nostril. The researchers found that these two treatments were equally effective (Weiser, 1999).

Another important experiment using homeopathic medicines to treat an allergy disorder was the treatment of asthma (Reilly, 1994). This study was published in the *Lancet* and showed a significant benefit in those patients given a homeopathically prepared dose of the specific substance to which conventional allergy testing showed the person was most allergic. This study showed benefit from the homeopathic medicine within the first week and lasting through the end of the trial eight weeks later. One important (and practical) observation from this study was that the greatest number of people with asthma were allergic to housedust mite. Giving these people homeopathic doses of housedust mite had significant beneficial effects.

A fourth clinical trial by this group of Glasgow researchers found efficacy of homeopathic medicine in perennial allergic rhinitis (Taylor, 2000). The researchers found that patients given a homeopathically potentized dose (30C) of whatever substance to which they were most allergic experienced a significant improvement in nasal inspiratory flow comparable with the improvement typically experienced by patients given steroidal drugs.

The Glasgow researchers also evaluated improvement in each of their four studies by the Visual Analog Scale (VAS). Although the difference in the VAS in the last study was not significant, a meta-

analysis of the four studies found a highly significant difference in patients given a homeopathic medicine ($P=.0007$). The researchers theorized that the non-significant difference in the fourth study may have been the result of having a significantly higher healing crisis (or aggravation of symptoms) within the first 48 hours by 29% of the homeopathic patients as compared with only 7% of the placebo patients.

A group of British physicians sought to replicate the above-described asthma study, but Dr. Reilly, who served as a consultant to the study, expressed concern during the study design phase that the researchers were not adequately following his protocols (Reilly, 2002). This study of 202 asthma patients found that there was statistically significant improvements in the two primary outcome measures in subjects given House Dust Mite 30C as well as those given a placebo, but there were no statistically significant differences in those who were given the homeopathic medicine and those given a placebo (Lewith, 2002). There were statistically significant differences between the treatment and the placebo groups in the secondary outcome measures, including the morning peak expiratory flow ($P=0.025$), asthma visual analogue scale ($P=0.017$), and the mood of the subjects ($P=0.035$). There was also reduced use of the conventional bronchodilator usage in the homeopathic patients, though this difference was not statistically significant. Although there have now been several trials showing efficacy of treatment by using homeopathic doses of an allergen, one study made from the pollen of birch trees (*Betula*) found no difference in symptoms as compared with those subjects given a placebo (Aabel, 2001).

Adresse du lien originel, qui malheureusement n'est plus accessible :
<http://wikipapeutics.wikispaces.com/allergies>

David Reilly was at it again in 1994 with another placebo controlled trial looking at the use of homeopathic medicines with patients diagnosed with allergic asthma³. Once again, homeopathy proved superior to placebo, and once again, medicines in the 30C potency range were used. One of the criticisms often leveled at clinical trials using this system of medicine is that they're poorly designed. This last trial of Reilly's was so well designed and conducted that the editors of the Lancet commented that "either there is something amiss with the clinical trial as conventionally conducted, or the effects of homoeopathic immunotherapy differ from those of placebo...carefully done work of this sort should not be denied the attention of Lancet readers."⁴

[Research in Homoeopathy -2](#)